



Chatting about fruit and vegetables

What you can do

- Make painted prints
- Try tasting them, describe them
- Make faces with them
- Grow them
- Feel them
- Draw them, make pictures with them

How they feel

Rough, smooth,
prickly, bumpy, soft,
hard

How they taste

Yummy, horrible,
sweet, sour, juicy,

How they look e.g. bright, dull,
round, long, short

Where they come from:

underground, from trees, from
bushes

What you are doing

Dipping, rolling,
tasting, squash



**When we eat different
foods:** Breakfast, snack
time, lunch, dinner

